

## **Breakfast**

Selection of Kellogg's cereals  
Selection of freshly baked breads with preserves  
Fresh fruit  
Local farm yogurts

Cooked breakfast including  
Grilled bacon  
West Country pork sausages  
Baked beans  
Fried or scrambled eggs  
Vegetarian sausages  
Grilled tomato  
Porridge

Freshly brewed tea & coffee and fruit teas

## **Continental Breakfast**

Served once a week includes  
Warm croissants  
Pancakes & syrup  
Selection of cold meats and cheeses  
Selection of freshly baked muffins and pastries  
Bacon  
Scrambled eggs  
Porridge  
Fresh fruit platter  
Home made granola

## **Lunch**

A selection of fresh & healthy filled rolls, wraps & baguettes  
Packed lunch bag filled with a selection of snacks that may include:  
Oven baked crisps, mini cheddars, dried fruit, cereal bar, flapjack, biscuits, muffins or shortbread, Fresh fruit and Local farm yogurts

Pasta pots, French bread pizza, deli pots or freshly baked Cornish pasties  
Are sometimes served

Buffet lunches can also be arranged upon request

## **Dinner**

Our dinner menu changes daily and usually consists of:

### **Main Course**

A choice of 4 main dishes including 2 vegetarian and 1 healthy option.  
We serve a fish dish daily  
to accompany dinners we offer vegetables and potatoes  
and an extensive freshly prepared salad bar.  
We use British Halal chicken, Devon & Cornwall prime beef and West Country pork and lamb, our dairy and cheese are local where possible.

We often have a Thursday night Carvery  
with our delicious Devon cream tea

Throughout the year we may put on theme nights, buffets and barbecues in the summer months.

### **Dessert**

Dessert of the day  
Which may include apple and summer fruit crumble, steamed treacle sponge and custard, or waffles and ice cream

Selection of Fresh fruit  
West Country cheeseboard and biscuits

Freshly brewed tea, coffee & fruit tea

We cater for all dietary needs  
Our menus will state if it contains any allergens or intolerances.  
We have a selection of free from alternatives available at all meal times

The menu will also indicate which dishes are a healthy option

Fresh fruit, filtered water and squashes are available at all meal times.

### **Special occasions**

We can cater for any occasion if you want something a little different please ask our catering team