

College Programmes

For over 30 years we have been working with a wide range of colleges and further education centres. Providing courses for students from a variety of academic study.

Our courses are designed to help students with their study and contribute to meeting the criteria of their studies.

Content of the course is designed with you to ensure that the programme meets your desired needs.

Our tutors are experienced facilitators and help guide students through their learning with regular reviews and theory inputs.



Sample Three day Programme

DAY ONE

Arrive Skern around 1pm

A brief tour of site involving introducing the young people to their dormitory, dining hall, games room, equipment store and social and meeting rooms. Students will have the chance to change into clothing appropriate for the evening activities.

Ice breakers, energisers including the assault course

Evening

Night walk/ navigation exercise



DAY TWO

Morning into Afternoon

River Kayak

An active morning on the River Torridge undertaking a kayaking journey with the tide. The young people will be issued with wetsuits and safety equipment and will be given the skills to undertake the trip in a safe, fun and rewarding way.



High Ropes

Following a packed lunch, the afternoon is spent on the high ropes. Each individual element develops an aspect of support and trust and our tutors will ensure that personal challenge is met. The group will be encouraged to help foster a supportive culture and help ensure that individual achievement is recognised by everyone.

Evening

Tunnels & Mid Course Review

After an evening meal and some social time, the young people will have the opportunity to explore the Skern Lodge tunnel system. Man-made chambers and inter-linking tunnels create a network and maze of challenges. Tutors guide the young people through a steady development of trust for the activity before the doors are closed and the young people can experience the full aspect of the activity in the dark.

The Mid Course Review allows time to reflect on the learning gained and to identify areas that can be worked on during the final morning and back at college.

DAY THREE

Morning

Surfing

Once kitted out into wetsuits again the young people are transported to Westward Ho! beach for a morning in the surf. Following a briefing on the shore, the young people will have the opportunity to ride the North Devon waves and see real progress and development as they go through the morning.



Return to Skern for a hot shower and packed lunch.

End of Course review including learning transfer

Depart 1pm

Each participant will receive a certificate highlighting the activities they have undertaken and marking the achievements and successes they have made.

Prices from: £105 + VAT per person – prices vary depending on time of year and length of course.